

Heritage Hills Schools Breakfast & Lunch Menu November 2019

Breakfast is \$ 1.85 and is served with Milk & Fruit Choice and is served from 7:25 to 7:45 in the Middle School and from 7:25 to 8:10 in the High School

BREAKFAST ON THE GO! Middle School Students will be allowed to take breakfast into the classroom!

Offer vs. Serve: You must choose 1/2C Fruit or vegetable for one of the 3 required food items. You may choose all 4 items.

Lunch is \$ 2.35 and is served with Milk & Fruit Choice

Offer vs. Serve: You must choose 1/2C fruit or vegetable for one of the 3 required food components. You may choose all 5 components.



Monday	Tuesday	Wednesday	Thursday	Friday
French Toast or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Egg & Cheese Biscuit or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Breakfast Calzone or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Breakfast Pizza or Mini Cinni w/2 Sausage or Frudel w/2 Sausage	Omlette w/Sausage or Mini Cinni w/2 Sausage or Frudel w/2 Sausage

2019 November				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
04 Chicken Fettuccine Alfredo w/Breadstick or Hamburger or Corn Dog, Green Beans, Garden Salad, Tomatoes & Croutons, Orange Wedges SALAD BAR: Nachos & Cheese Salad, Fruit	05 Bosco Sticks w/Marinara or BBQ Rib Sandwich or Grilled Cheese, Peas, Garden Salad, Diced Peaches, Cinnamon Swirl Cake SALAD BAR: Rattle Snake Bowl, Salad, Fruit	06 Thanksgiving Dinner on all lines! Turkey & Gravy w/roll or Glazed Ham w/roll, Dressing, Mashed Potatoes, Corn, Fruit, Pumpkin Cake	07 Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, Cookie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	08 Pizza or Corn Dog or Fish Sandwich, Grapes, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
11 Bosco Stuffed Crust Pizza or Philly Steak & Cheese Sandwich or Hamburger, Green Beans, Garden Salad, Orange Wedges SALAD BAR: Nachos & Cheese, Salad, Fruit	12 Chicken Breast Bites w/Breadstick or Orange Chicken & Rice or Chicken Patty Sandwich, Stir Fry Vegetables, Garden Salad, Applesauce, Cookie SALAD BAR: Asian Bar w/Rice, Salad, Fruit	13 Country Fried Steak w/roll or Philly Steak & Cheese Sandwich or Grilled Chicken Sandwich, Steamed Broccoli, Mashed Potatoes w/Gravy, Apple SALAD BAR: Sub Bar, Salad, Fruit	14 Pepperoni Calzone or BBQ Rib Sandwich or Fiestada Pizza, Baked Beans, Veggie Cup, Strawberries, Cookie SALAD BAR: Taco, Black Beans & Refried Beans, Rice, Salad, Fruit	15 Pizza or Corn Dog or Fish Sandwich, Grapes, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
18 Sloppy Beefy Scoops or Chicken Patty Sandwich or Sloppy Joe Sandwich, Garden Salad, Potato Stix, Green Beans, Orange Wedges SALAD BAR: Nachos & Cheese, Salad, Fruit	19 BBQ Pork Sandwich or BBQ Rib Sandwich or Hamburger, Baked Beans, Garden Salad, Glazed Carrots, Diced Peaches, Cookie SALAD BAR: Soup, Salad, Fruit	20 ALL LINES -Breakfast Bar- Dutch Waffles, Pancakes, Biscuit w/gravy, Scrambled Eggs, Sausage, Hash Brown Rounds, Blueberry & Strawberry Toppings, Baby Carrots, Various Fruits	21 Chicken on the Beach w/Rice & Tostitos or Chicken Patty Sandwich or Beef/Bean Burrito w/cheese, Refried Beans, Garden Salad & Tomatoes, Strawberries, Cookie SALAD BAR: Taco, Black & Refried Beans, Rice, Salad, Fruit	22 Pizza or Corn Dog or Fish Sandwich, Grapes, Fries, BaBy Carrots SALAD BAR: Baked Potato, Fries, Salad, Croutons, Fruit
25 Ham & Cheese Casserole or Chicken Patty Sandwich or Hamburger, Green Beans, Garden Salad, Orange Wedges SALAD BAR: Nachos & Cheese, Salad, Fruit	26 Bosco Sticks w/Marinara or BBQ Rib Sandwich or Grilled Cheese, Peas, Garden Salad, Diced Pears, Cinnamon Swirl Cake SALAD BAR: Rattle Snake Bowl, Salad, Fruit	27 Thanksgiving Vacation 	28 Thanksgiving Vacation 	29 Thanksgiving Vacation